

Creating Fused Plastic

How to **UPCYCLE** your plastic bags into something useful!

✓ what you need

- iron
- lots of plastic bags
- parchment paper
- a flat, sturdy surface



how to

PREP Pick a flat, sturdy surface to work on in a well ventilated room or open air area.

SET Set your iron at medium heat. Make sure your plastic layers are in between two layers of parchment paper so your hot iron doesn't touch the plastic directly.

FUSE! Move your iron back and forth over the parchment paper for about 20 seconds, just enough to fuse the plastic but not melt it!

3 tips

- Buy a \$5 iron from the thrift store!
- Cut out fun shapes in different colors to create beautiful collage designs.
- Use a regular sewing machine with a denim needle to attach multiple pieces into some wearable art and accessories!

* Want more details? Listen to episode 17 at ASustainableMind.com